

Tuckshop

Open Tuesday to Friday for first & second lunch
Main meals, Wraps, Salads & Sandwiches must be pre-ordered
All orders need to be received *before 9am*

Order online through the app:



Or in person at the Tuckshop, **before 9am**.

Cash or EFTPOS.

Flexischools

Order

John Smith
Class: 2J



Hand written

Order

Date 23/01/2024		
Name John Smith		
Classroom No. 2J		
Qty	Item	Price
1	Hot dog	\$4.00
1	Apple stinky	\$1.00
First Lunch		
Please Keep Our School Tidy!! 😊		
TOTAL		\$5.00

Dietary Requirements

We strive to have a wide range of food on the menu to ensure that everyone is catered for. Please visit the tuckshop to discuss alternative dietary requirements for your child.

RED Food Days

RED (occasional) food items such as pizza and ice creams will be available on no more than two occasions per term. These days will be promoted via Facebook and the school newsletter.

Volunteers

Our Convenor co-ordinates a roster of volunteer helpers who assist with the operation of the tuckshop. If you would like help please contact the school on 4034 7333.



Tuckshop Menu

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Every Day Hot Food

Corn on Cob	\$1.50
Garlic Bread	\$3.00
Jacket Potato - Chive/Ham/Chicken	\$3.00
w) cheese & sour cream	
Crispy Chicken Wrap	\$3.50
Party Pies (x2)	\$3.50
Sausage Roll	\$3.50
Spinach & Ricotta Roll	\$4.00
Large Pie	\$4.50
Homemade Pizza - Margherita	\$4.50
Hawaiian or Meat lovers	\$5.50
Pumpkin Soup w buttered roll	\$5.00
Lasagne with salad	\$5.50
Vegetarian Lasagne with salad	\$6.00
Butter chicken & Rice sml \$4.50 lge \$6.00	
Spaghetti Bolognese sml \$4.50 lge \$6.00	

Snacks

Bag of Popcorn	\$0.50
Bunny Pack (carrot sticks)	\$1.00
Frozen Yoghurt Pop	\$1.00
Cheese & Crackers	\$1.50
Hard Boiled Egg	\$1.50
Homemade Muffin	\$2.00
Toothbrush Pack	\$2.00
(sliced apple, celery, carrot & cheese)	
Red Rock Deli Chips	\$2.00
(honey soy or sea salt)	
Snack Attack Box	\$4.50
(cherry toms. egg, cucumber, cheese, crackers)	

Sandwiches

Vegemite	\$3.00
Cheese	\$3.50
Ham / Chicken / Tuna	\$4.00
Ham or Chicken & Cheese	
Egg & Lettuce	\$4.50
Salad	\$5.00
Ham or Chicken, cheese & tomato	\$5.00
Tuna / Ham or Chicken & Salad	\$6.00
(cheese optional extra)	
Toasted add extra 50c	

Wraps

Salad	\$5.00
w) cheese	\$5.50
Chicken/Tuna/Ham/Egg with salad	\$6.00
Falafel Wrap	\$6.50
Half Wraps	\$3.50

Fruit

Pineapple Hula Hoop (frozen pineapple)	\$1.00
Orange Smiley (frozen orange wedge)	\$1.00
Apple Slinky	\$1.00
Frozen Watermelon Pieces	\$1.00
Frozen Grapes	\$1.00
Fruit Salad Tub	\$4.50
(seasonal mixed fruit 200gm)	

Drinks

Spring Water 600ml	\$2.00
Plain Milk 300ml	\$2.00
100% Juice Popper	\$2.50
Apple & Blackcurrant or Tropical Flavoured Milk	\$3.00
Chocolate, Strawberry	
Frozen Fruit Icy Pole	\$1.00

Weekly Specials

Tuesday

Hotdog	\$4.00
w cheese	\$4.50

Wedges w sour cream & sweet chilli sauce	\$6.50
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Wednesday

Oven baked Nuggets & Chips	\$6.50
Home made beef cheese burger	\$4.50

Thursday

Chicken burger with salad	\$6.50
Honey Soy Chicken Wings	\$6.50

Friday

Fish Burger with Salad	\$6.50
Hot Dog	\$4.00
w cheese	\$4.50

Bento Lunch Pack \$8.50

- 1/2 Sandwich (Ham/Chicken/Cheese/Vegemite)
- cheese
- crackers
- mini homemade muffin
- seasonal fruit & veg
- small popper

